

HOLLY GROVE SCHOOL NEWSLETTER



1ST JULY 2024



www.holly-grove.lancs.sch.uk / [www.facebook.com/](https://www.facebook.com/HollyGrovePrimarySchool)



We hope you had a great weekend!



If you would like to share any news on the newsletter, you can email photos etc. to newsletter@holly-grove.lancs.sch.uk



Sport's Day 2024



A massive shoutout to all the amazing parents who rocked up to our Sports Day last week! Your energy and enthusiasm made it an extra special day, filled with fun and laughter.



SUMMIT OR NOTHING



Holly Grove Staff take on Ben Nevis,
7th September 2024
With its rocky terrain and challenging
paths, Holly Grove staff are embarking
on a trek to the summit of the UK's
highest mountain.

But this journey is about more than just
the thrill of the climb - it's about making
a difference. They are aiming to raise
£2,000 for the Georgia Fourie Butterfly
Fund, which supports the pupils of Holly
Grove School and their families.

Visit our fb page for more details



BEHAVIOUR QUALITY MARK

We were delighted to attend The Lancashire Behaviour Quality Mark Award
Presentation last week.

A special guest, County Councillor, Jayne Rear, presented us with our
award.





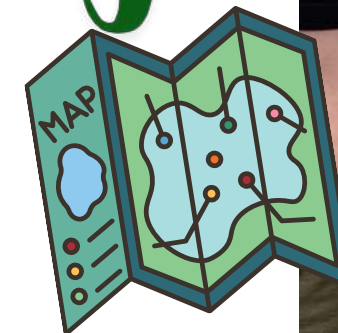
Last week, classes in Upper School attended a healthy lifestyle session with a focus on emotional regulation. Martha from Healthy Heads was really impressed by our children's knowledge and understanding of their own emotions.



Well Done Everyone!



Sensory Orienteering



Some pupils from Samantha's class went to White Ash Primary School to take part in a Sensory Orienteering event. They used all their senses to explore and navigate their way around the sensory orienteering course. Fun was had by all, with lots of smiles and laughter.





Merry Berries



Unfortunately, due to staff training and preparation for the upcoming new academic year there will be no Merry Berries on the last week of term (15th, 16th and 18th July).

Children will need to be collected or come home on transport at normal time.

Important Dates



- 2nd and 3rd July Transition Mornings
- Wednesday 10th July Open Morning
- Friday 12th July Yr6 Leavers Evening
- Monday 15th July Awards Assembly
- Tuesday 16th July Nibble and Natter
- Friday 19th July School closes for summer



Staff Development

Wednesday 3rd July
3pm-4:30pm



Class Team meetings

You can access all our policies and our privacy notices on the school website.

www.holly-grove.lancs.sch.uk

HOLLY GROVE HEROES



Aisling's Class - Martha

Katie's Class - Lucie

Samantha's Class - Autumn

Rebecca's Class - Lucy

Laura's Class - Stanley

Danielle/Connor's Class - Dylan

Julie's Class - Theo

Michael's Class - Manha

Courtney's Class - Jibreel

Josh's Class - Freddie

Alex's Class - Caiden

Libby's Class - Varian

HAPPY BIRTHDAY

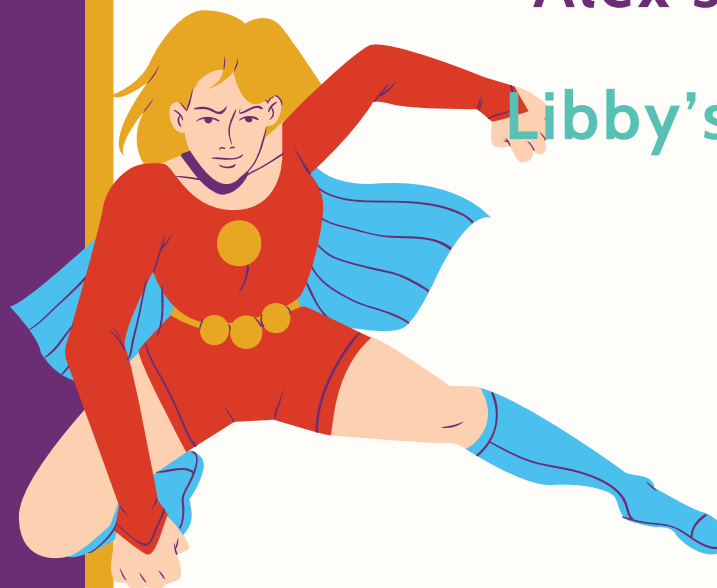


STAFF

Carley
Leah.E

CHILDREN

Logan and Jack



Jump Back Up July 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Take a small step to help overcome a problem or worry

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

3 Be willing to ask for help when you need it

4 Find something to look forward to today

5 Get the basics right: eat well, exercise and go to bed on time

6 Pause, breathe and feel your feet firmly on the ground

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

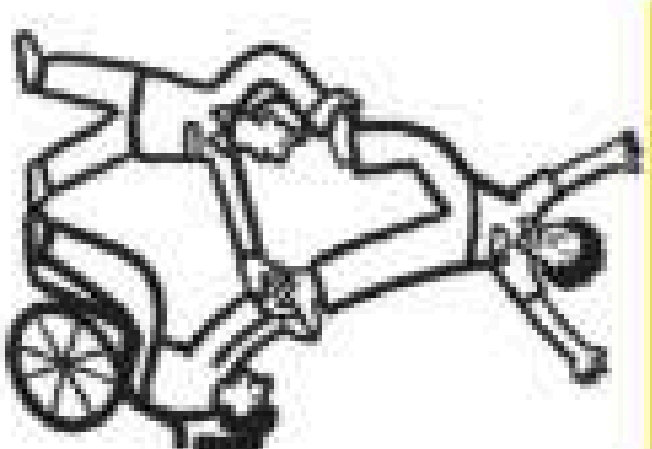
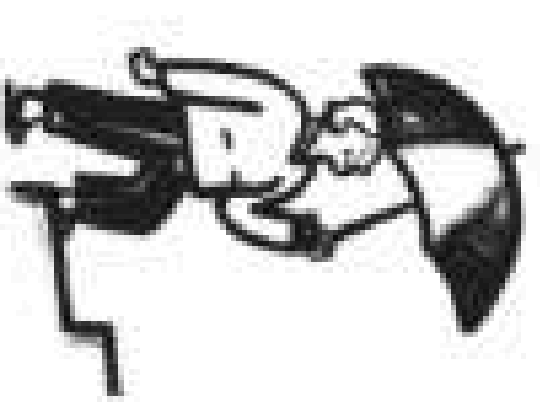
27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human



ACTION FOR HAPPINESS

Happier · Kinder · Together



PUPIL HOLIDAY DATES – 2023 / 2024

Autumn Term 2023

Re-open		Wednesday 6 September 2023
Half Term	5 days	Monday 23 October Friday 27 October (Inclusive)
Re-open		Monday 30 October

Christmas - Closure after school on Friday 22 December 2023

Spring Term 2024

Re-open		Monday 8 January 2024
Half Term	5 days	Monday 12 February to Monday 19 February (Inclusive)
Re-open		Tuesday 20 February

Easter - Closure after school on Thursday 28 March 2024

Summer Term 2024

Re-open		Monday 15 April 2024
May Day	1 day	Monday 6 May
Half Term	5 days	Monday 27 May to Friday 31 May (Inclusive)
Re-open		Monday 3 June

Summer – Closure after school on Friday 19 July 2024