



Holly Grove School Newsletter

8th September 2023



www.holly-grove.lancs.sch.uk / www.facebook.com/HollyGroveSchool



Welcome Back!

We hope you had an amazing summer break.

It has been great to see everyone again this week and to welcome all our new children and staff. Everyone has settled in very well and have adapted so well to their new routines and to all the changes around school.

We are very proud of everyone!



We would like to officially welcome Josh, Michael and Rachael to our team this term. Good Luck, we are very lucky to have you all.



MERRY BERRIES

Merry Berries teatime club will begin again on Monday 25th September 2023. It will run on a Monday, Tuesday and Thursday from 3.30pm until 5.30pm and the cost will be at a reduced rate of £5 per session, including a balanced tea and fun activities.

Please reply to the School Spider message by Friday 15th September if you would like a place for your child (even if your child has attended previously), include how many days you would like and your preferred day(s).



A huge well done to Josh Ramsay for completing his challenge of running 5 marathons in 5 days over the summer holidays. Josh has raised over **£3200** for our charity. Well done, what an amazing achievement.

Thank you Josh!

Staff Development



Wed, 13th September

3pm-5:30pm



Safeguarding Training

If you would like to share any news on the newsletter, please send photos etc. to :

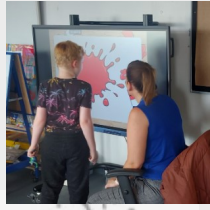
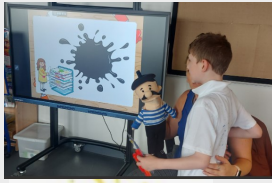
newsletter@holly-grove.lancs.sch.uk



Class Danielle have been very busy learning all about 'colours' in French this week.



Beau Travail!



Class Alex have been showing off their artistic skills ,painting self portraits.

Well Done Everyone! We can't wait to see the finished masterpieces.



We are very proud to announce that our Chair of Governors Nicola Whyte has won an Award.

LANCASHIRE ASSOCIATION OF SCHOOL GOVERNING BODIES has awarded her their Special Recognition Award for her outstanding service to the work of school governance.

Nicola has a wealth of expertise and skills [retired SEN teacher) and was invaluable during our recent Ofsted.

WELL DONE NICOLA!

Love from Everyone at Holly Grove.



Staff

Rosie.R

Children

Shaydon



You can view all of our policies on the school-website:

www.holly-grove.lancs.sch.uk

Holly Grove Heroes

Aisling's Class - Everyone

Katie's Class -Nukbah

Samantha's Class- Amna

Laura's Class - Eesa

Rebecca's Class--Zulekha

Danielle/Connor's Class -Adam

Julie's Class - Mackenzie and Abdullah

Michael's Class - Isaac

Courtney's Class - Logan

Josh's Class- Everyone

Alex's Class - Szymon

Libby's Class - Mia

Self-Care September 2023

MONDAY



4 Plan a fun or relaxing activity and make time for it

11 Make time to do something you really enjoy

18 Ask a trusted friend to tell you what strengths they see in you

25 Avoid saying 'I should' and make time to do nothing

TUESDAY



5 Forgive yourself when things go wrong. Everyone makes mistakes

12 Get active outside and give your mind and body a natural boost

19 Notice what you are feeling, without any judgement

26 Find a new way to use one of your strengths or talents

WEDNESDAY



6 Focus on the basics: eat well, exercise and go to bed on time

13 Be as kind to yourself as you would to a loved one

20 Enjoy photos from a time with happy memories

27 Free up time by cancelling any unnecessary plans

THURSDAY



7 Give yourself permission to say 'no'

14 If you're busy, allow yourself to pause and take a break

21 Don't compare how you feel inside to how others appear outside

28 Choose to see your mistakes as steps to help you learn

FRIDAY

1 Find time for self-care. It's not selfish, it's essential

8 Be willing to share how you feel and ask for help when needed

15 Find a caring, calming phrase to use when you feel low

22 Take your time. Make space to just breathe and be still

29 Write down three things you appreciate about yourself

SATURDAY

2 Notice the things you do well, however small

9 Aim to be good enough, rather than perfect

16 Leave positive messages for yourself to see regularly

23 Let go of other people's expectations of you

30 Remind yourself that you are enough, just as you are

SUNDAY

3 Let go of self-criticism and speak to yourself kindly

10 When you find things hard, remember it's ok not to be ok

17 No plans day. Make time to slow down and be kind to yourself

24 Accept yourself and remember that you are worthy of love



ACTION FOR HAPPINESS

Happier · Kinder · Together

BURNLEY

#OutdoorTown

NATURE FESTIVAL



**Sunday
29th October**



Towneley Hall



1-5pm

Outdoor Crafts
Trails
Story Telling
Bug Hunt
Nature Workshops

**FREE EVENT
EVERYONE WELCOME**



Scan to discover more outdoor
activities and opportunities in
the Borough

INSIDE OUT

Children and Family
Wellbeing
Service

This session is to support children age 5-11yrs who may be struggling to express and manage their feelings and emotions. By creating a safe space, children will have the opportunity to take part in activities including breathing and stretching exercises, TV and video clips, arts and craft, fun and games

Wednesday

3.30-5.00pm

Starts 13th September 2023 at the Chai Centre

To book your place call - 01282 470707



Lancashire

County
Council



Small changes,
big differences.



Group Triple P Takes the guesswork out of parenting

New positive parenting course starts soon...

A parenting program for parents of children up to 12-years of age.

Parents actively participate in a range of activities to learn about the causes of child behaviour problems, setting specific goals, and using strategies to promote child development, manage misbehaviour, and plan for high-risk situations.

DATE 4th Oct 2023

TIME 1:00 – 3:00 pm

VENUE The Chal Centre,
~~Chal~~ Hurley Street, Burnley, BB10 1BY

To book your place on this course – contact your school or ring on 01282 470707, further details can be sent to all parents who book a place.

www.triplep-parenting.net



PUPIL HOLIDAY DATES – 2023 / 2024



Autumn Term 2023

Re-open **Wednesday 6 September 2023**

Half Term **5 days** **Monday 23 October**
Friday 27 October (Inclusive)

Re-open **Monday 30 October**

Christmas - Closure after school on **Friday 22 December 2023**



Spring Term 2024

Re-open **Monday 8 January 2024**

Half Term **5 days** **Monday 12 February to**
Monday 19 February (Inclusive)

Re-open **Tuesday 20 February**

Easter - Closure after school on **Thursday 28 March 2024**



Summer Term 2024

Re-open **Monday 15 April 2024**

May Day **1 day** **Monday 6 May**

Half Term **5 days** **Monday 27 May to**
Friday 31 May (Inclusive)

Re-open **Monday 3 June**



Summer – Closure after school on **Friday 19 July 2024**

