



Holly Grove School Newsletter

12th September 2022

www.holly-grove.lancs.sch.uk / www.facebook.com/HollyGroveSchool

Welcome Back !

We would also like to welcome all our new pupils and staff who have joined us this term. We are excited to have you all join the Holly Grove family.

We hope you all had a fantastic summer and managed to enjoy some of the lovely weather we had. If you would like to share some of your summer adventures on the newsletter, please send photos etc. to newsletter@holly-grove.lancs.sch.uk

We have had a very busy week in school and we are very proud of all the children, especially our new pupils for adapting so well to their new routines and settling into their new classes.



We are deeply saddened by the death of Her Majesty Queen Elizabeth II.

We pay our respects to her and her incredible 70 Year Reign.

Her Majesty's funeral will take place on **Monday, 19th September** and it has now been confirmed that this will be a Public Bank Holiday. School will be closed on **Monday 19th, September** and will reopen **Tuesday, 20th September**.



It looks like Leila had a fantastic time with friends and family, celebrating her 10th Birthday in the summer holidays.

Happy Birthday Leila!



MERRY BERRIES



Merry Berries Teatime Club will start again on Tuesday September 20th.

We still have a few places available so if you would like your child to attend, please contact Nick :

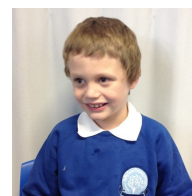
n.barrett@holly-grove.lancs.sch.uk

A Huge Well Done to Eva in Laura's class for counting up in 10's to 100 and answering questions about the 'Fire of London.'



We are very proud of Theo for settling in to his new class so well. He has also been forming relationships with new staff.

Well done Theo.



Sign of the Week

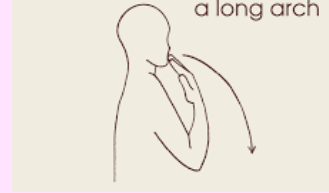
We are going to be putting a different Makaton sign every week onto the newsletter. This will give you the opportunity to practise different signs with your child at home.

Please



symbol

Bring finger tips to chin and then bring arm down in a long arch



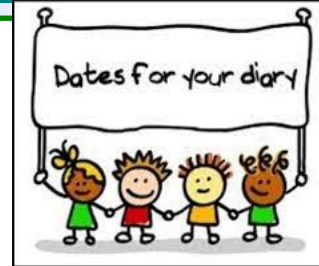
Makaton Sign



Everyone!

All the staff are our Staff Members of the week for all their hard work getting organised for a new school year and their continuous dedication.

Well Done Everyone!



- | | |
|----------------------------------|-------------------------|
| Monday 19th September - | Bank Holiday |
| Thursday 29th September - | New Starter Morning |
| Friday 30th September - | Rosemere Coffee Morning |
| Tuesday 4th October - | Nasal Flu Injections |
| Wednesday 5th October - | Parent's Evening |
| Friday 7th October- | Family Forum |



HELPING HAND GRANT



Application forms have now been sent home for our Helping Hand Grant.

When completing the form, it is very important to fill in the 'Item Required' section, giving as much detail as possible.

This will help us to process your application quickly.

The closing date for applications is **Friday 30th September**.



Staff - Lesley, Rosie.R and Pauline

Children- Oliver.C, Eva, Shaydon, Lucas.B.D, Sophie.H and Jack

We would love to share your news on our newsletter.

You can send photos etc.to:

newsletter@holly-grove.lancs.sch.uk

Holly Grove Heroes



Aisling's Class - Everyone

Samantha's Class - Everyone

Laura's Class - Everyone

Libby's Class - Stanley

Rebecca's Class - Everyone

Danielle's Class - Liam

Julie's Class - Everyone

Connor's Class - Fahd

Courtney's Class - Theo

Alex's Class - Cato



Well Done Everyone!

Self-Care September 2022



MONDAY



5 Forgive yourself when things go wrong. Everyone makes mistakes

TUESDAY



6 Focus on the basics: eat well, exercise and go to bed on time

WEDNESDAY



7 Give yourself permission to say 'no'

THURSDAY

1 Find time for self-care. It's not selfish, it's essential

FRIDAY

2 Notice the things you do well, however small

SATURDAY

3 Let go of self-criticism and speak to yourself kindly

SUNDAY



4 Plan a fun or relaxing activity and make time for it

10 When you find things hard, remember it's ok not to be ok

11 Make time to do something you really enjoy

12 Get active outside and give your mind and body a natural boost

13 Be as kind to yourself as you would to a loved one

14 If you're busy, allow yourself to pause and take a break

15 Find a caring, calming phrase to use when you feel low

16 Leave positive messages for yourself to see regularly

17 No plans day. Make time to slow down and be kind to yourself

18 Ask a trusted friend to tell you what strengths they see in you

19 Notice what you are feeling, without any judgement

20 Enjoy photos from a time with happy memories

21 Don't compare how you feel inside to how others appear outside

22 Take your time. Make space to just breathe and be still

23 Let go of other people's expectations of you

24 Accept yourself and remember that you are worthy of love

25 Avoid saying 'I should' and make time to do nothing

26 Find a new way to use one of your strengths or talents

27 Free up time by cancelling any unnecessary plans

28 Choose to see your mistakes as steps to help you learn

29 Write down three things you appreciate about yourself

30 Remind yourself that you are enough, just as you are



ACTION FOR HAPPINESS

Happier · Kinder · Together



PUPIL HOLIDAY DATES – 2022 / 2023

Autumn Term 2022

Re-open Monday 5 September 2022

Half Term 5 days Monday 24 October
Friday 28 October (inclusive)

Re-open Monday 31 October

Christmas - Closure after school on Friday 16 December 2022



Spring Term 2023

Re-open Thursday 5 January 2023

Half Term 5 days Monday 13 February to
Friday 17 February (inclusive)

Re-open Tuesday 21 February

Easter - Closure after school on Friday 31 March 2023



Summer Term 2023

Re-open Monday 17 April 2023

May Day 1 day Monday 1 May

Half Term 5 days Monday 29 May to
Friday 2 June (inclusive)

Re-open Monday 5 June

Summer – Closure after school on Friday 21 July 2023

